Worland Senior Center 300 S 14th Street 347-3208



MARCH 2018

Voluntary Contribution of \$4.00 for Senior (either or spouse 60 and older).

Non Senior Guest 55-59 \$5.00 Non Senior Guest 10-55 \$8.00

347-3208	Non Senior Guest 10-55 \$8.00					
Mon	Tue	Wed	Thu	Fri		
Sunday Dinner Crunchy Chicken Mashed Potatoes California Blend Vegetables Salad Bar Chocolate Cake w/ Strawberries 52A	25. Sunday Dinner Chicken Fried Steak Hashbrown Casserole Candy Carrots Salad Bar Roll Chocolate Cherry Pudding 228A	We will serve fish On Fridays in March For Lent. Please Call ahead and let the Kitchen know if you Would like fish Instead of the menu Item. Thank you!	1. Turkey Filet w/ Peas & Onion Or Gravy Rice Pilaf Baked Stewed Tomatoes Fluffy Fruit Cup Oatmeal Spice Cake Juice SW10	2. Health Fair Blood Draw Serving 7am-Noon Scrambled Eggs w/ Onion & green pepper Sausage Or Biscuits & Gravy Pancakes Fruit Cocktail Juice 122A 9.		
Cheesy Beef Sandwich Hearty Vegetable Soup Oven Browned Potatoes Brussel Sprouts Peach & Berry Crisp 247A	Scalloped Potatoes German Blend Vegetables Ambrosia Fruit Cup	Roast Beef Mashed Potatoes Savory Carrots German Coleslaw Homemade Bread Pineapple Dessert 180A	Chicken & Dumplings Herbed Broccoli Spring Salad Blueberry Muffin Pears w/Cottage Cheese 54A	Liver & Onions Or Tater Tot Casserole Baked Potato Homestyle Veggie Salad Homemade Bread Plum Dessert 175A		
12. Spaghetti w/ Meat Sauce Asparagus Garden salad Garlic Toast Banana Dessert	13. Chicken Enchilada Ranch Style Beans Lettuce & Tomato Salad Fruit Cup Churro SS38	14. Rancher's Meatloaf Parsley Potatoes w/Gravy Carrot Coins Lettuce Salad Hot Roll w/Fruit Spread Fruity Gelatin Salad 231A	15. Hot Turkey Sandwich Mashed Potatoes California Blend Vegetables Caesar Salad Cran-Apple Compote Oatmeal Raisin Cookie SW31	16. Roast Pork Or Corn Beef & Cabbage Home-style Potatoes Steamed Cabbage Lettuce & Tomato Salad Pumpkin Bread Fruit Cocktail 72A		
Thank You Ricker Pharmacy for sponsoring February Senior Birthdays						
19. Country French Chicken Steamed Rice Vegetable Relish Tray	20. Chuckwagon Steak Roasted Red Potatoes Spinach Apple Slaw Corn Bread	21. Birthday Lunch Roast Turkey Mashed Potatoes Vegetables Cran-Apple Salad	22. Roast Pork Baked Potato Asparagus Lettuce Tomato & Cucumber Salad	23. Swiss Steak Steamed Rice California Blend Vegetables French Onion Soup		

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19.	20.	21.	22.	23.
Country French	Chuckwagon Steak	Birthday Lunch	Roast Pork	Swiss Steak
Chicken	Roasted Red Potatoes	Roast Turkey	Baked Potato	Steamed Rice
Steamed Rice	Spinach	Mashed Potatoes	Asparagus	California Blend
Vegetable	Apple Slaw	Vegetables	Lettuce Tomato &	Vegetables
Relish Tray	Corn Bread	Cran-Apple Salad	Cucumber Salad	French Onion Soup
Homemade Bread	Chilled Pineapple	Hot Roll	Hot Roll	French Bread
Applesauce	82A	Pumpkin Dessert	Apricots	Bananas
94A		SS44	Dessert	12A
			119A	
26.	27.	28.	29.	30.
Crunchy Chicken	Rancher's Meatloaf	Salmon Patty	Pork Wing	
Mashed Potatoes	Cauliflower Mac'n	Oven Browned	Baked Squash	
Pacific Blend Vegetables	Cheese	Potatoes	Tossed Vegetable Salad	Closed
Mandarin Oranges	Bahama Blend	Vegetable	Wheat Roll	Closed
Gingerbread Cake	Vegetables	Garden Salad	Fruit	
SW26		Homemade Bread	Cookie	
	Pineapple Upside-	Cherry Betty & Ice	Juice	
	Down Cake	Cream	SW33	
	SW36			